



# SSR INSTITUTE OF MANAGEMENT & RESEARCH, SILVASSA

Empower Yourself @ IMR

NAAC Accreditation with Grade "B+"

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## STUDENT DEVELOPMENT ACTIVITY

### BBA SEM V, A.Y.2022-23

## “Know Yourself”

Session Expert: Dr. Rajesh K. Pandey, Associate Professor, SSR IMR, Silvassa

SSR IMR, Silvassa under the aegis of IQAC and as part of the Student Development Activity (SDA) for BBA Sem V Students conducted an SDA on “Know Yourself” spread across 2 Sessions on 26<sup>th</sup> & 28<sup>th</sup> Sept. 2022. Following are the key reporting attributes:



Sr. No.	Date	Number of Participants	Objectives of the Session
1	26/09/2022	67	<ul style="list-style-type: none"> <li>To inculcate the self-awareness instinct among students</li> </ul>
2	28/09/2022	58	<ul style="list-style-type: none"> <li>To enable the participants to groom their inner quotient on self-development</li> </ul>

The Participants had good opportunity of expressing themselves and learning the key elements that potentially shall help self-development & personal grooming.



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